



Nandu Koregaonkar

MBAMA Marmapuncture

Reg No: 34

38 Gemini Road Woodley

Reading: RG5 4TF

Name: Example – 1

Age: 47 Sex: F

Dated: 19/02/2023

Marmapuncture: 5 Day Treatment Plan

Diagnosis: Diseases and disorders of musculoskeletal system - damage of the shoulder joint's rotary cuff; shoulder peri-arthritis (acute condition)

Recipe of exposure to Marmapuncture / Laser / EHF

Treatment time: 9:00 before 10:00 hours on the days noted below.

1st day - 19/02/2023 – To improve circulation and relieve spasms in the shoulder joint.

P-9 (LU-9)+P-2 (LU-2)+IG-11 (SI-11)+TR-15 (TE-15)+F-3 (LR-3)

2nd day - 20/02/2023 - Harmonize the energy and prana according to the individual constitution.

VB-24 (GB-24)+VC-14 (CV-14)+V-19 (BL-19)+V-15 (BL-15)+TR-5 (TE-5)

3rd day - 21/02/2023 - Improves the condition taking into account marmas, meridional and biorhythmologic aspects of energy/prana.

VC-17 (CV-17)+V-14 (BL-14)+VB-24 (GB-24)+V-19 (BL-19)

4th day - 22/02/2023 - Improves the condition taking into account marmas, meridional and biorhythmologic aspects of energy/prana.

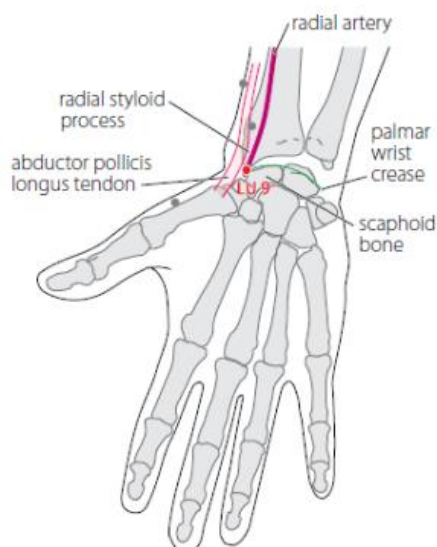
VB-37 (GB-37)+V-64 (BL-64)+V-58 (BL-58)+MC-7 (PC-7)+R-2 (KI-2)

5th day - 23/02/2023 - Activates control vessel, relieves pain, improves blood, Prana and Qi circulation.

Additionally expose 2 most painful zones (epicentre of pain)

IG-3 (SI-3)+GI-14 (LI-14)+GI-16 (LI-16)+V-60 (BL-60)+V-62 (BL-62)

1st day - 19/02/2023



P-9 (LU-9) Tai-Yuan - Great Abyss, large spring and manibandh marma.

Location: At the radial end of the proximal wrist crease, just below the styloid process of the radial bone, in the hollow where the pulse of the radial artery is palpated, between the tendons of the radial flexor of fingers and the long abductor of the first finger. Segment C6.



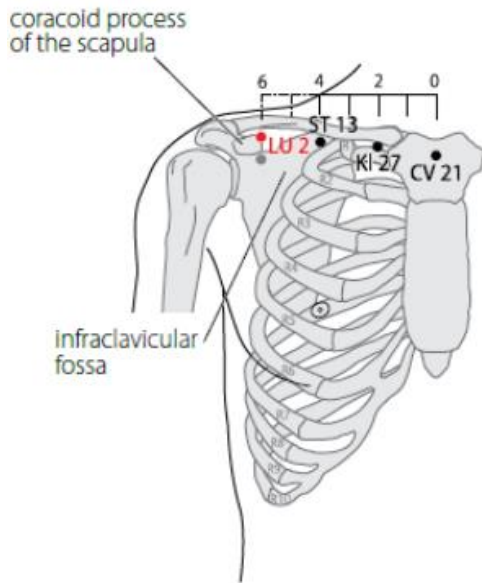
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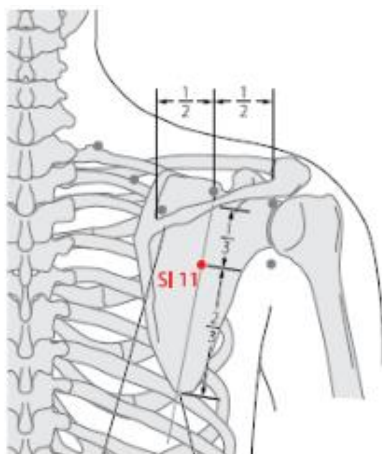
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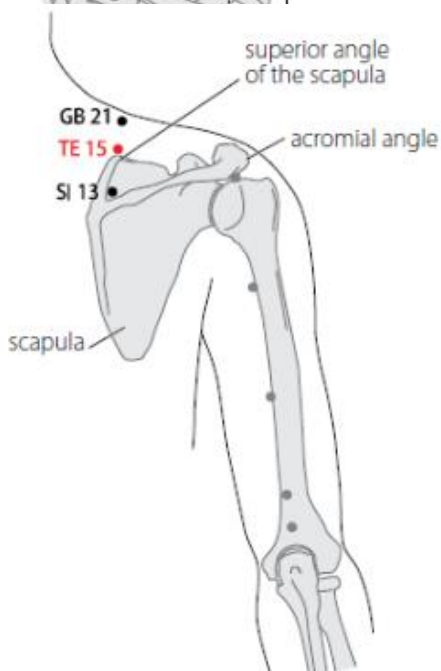
P-2 (LU-2) Yun-Men - Cloud Gate

Location: At the bottom edge of the clavicle's acromiale end, in the infraclavicular fossa, outwards and upwards from the first edge, along the III lateral line of the breast, 6 CUN more laterally of the midline, 1 CUN above LU-1, where the pulsation of the subclavian artery can be determined. Segment C4.



IG-11 (SI-11) Tian-Zun - The mid-heaven, The Heavenly ancestors

Location: In the center of the subscapularis fossa, below the middle of the network of the scapula at the level of ThV-ThVI. Segment Th3.



TR-15 (TE-15) Tien-Liao - Celestial pole, Celestial cleft

Location: In the supraspinatus fossa, 1 CUN vertically down from VB21, which is located at mid-distance from VG14 to GL15. Segment C4.



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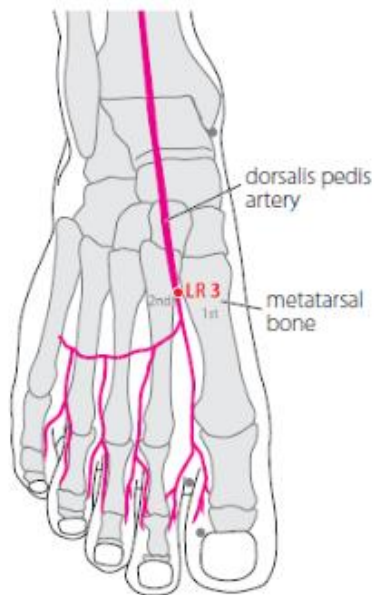
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F-3 (LR-3) Tai-Chong - Powerful stream, Great penetration

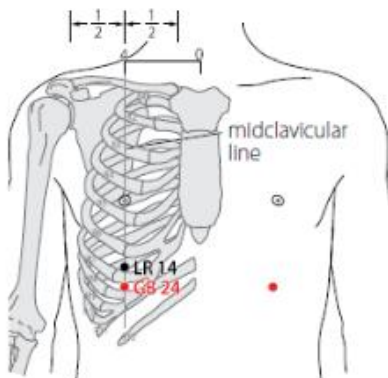
Location: In the cavity between the I and II metatarsal joints, 0.5 CUN proximal to the joint. Segment L5.



2nd day - 20/02/2023

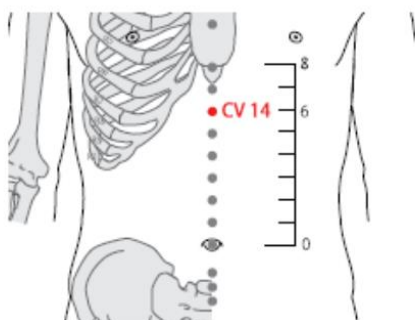
VB-24 (GB-24) Ri-Yue - Day-Moon, the Sun and the Moon

Location: In the seventh intercostal space on liners line. Segment Th7- Th8.



VC-14 (CV-14) Ju Que - The border of force, the Grand Palace

Location: 1.5 CUN below the xiphoid process of the sternum. Segment Th5.





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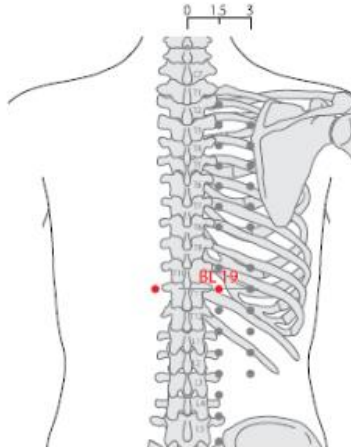
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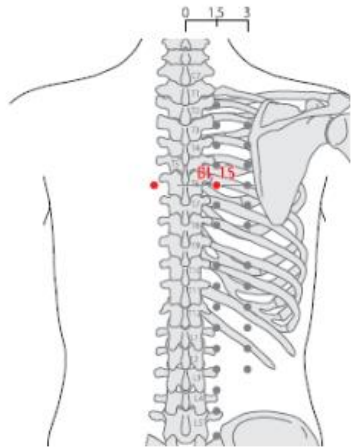
V-19 (BL-19) Dan-Shu - Shu point of the back of the Gallbladder, the Point of agreement of the Gallbladder

Location: 1.5 CUN lateral to the Th10-Th11 space.



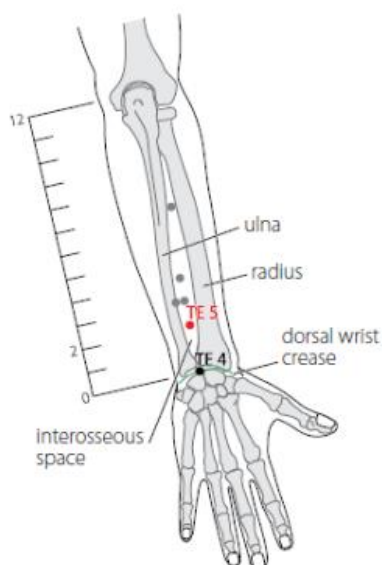
V-15 (BL-15) Xin-Shu - Shu point of the back of the heart, the Point of agreement of the Heart

Location: 1.5 CUN outwards from the Th5-Th6 space. Segment Th5.



TR-5 (TE-5) Wai-Guan - Outer border, External gates

Location: 2 CUN above the proximal wrist crease on the back side, between the ulna and radius. Segment C8.





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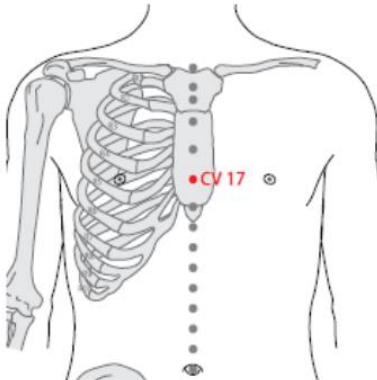
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3rd day - 21/02/2023

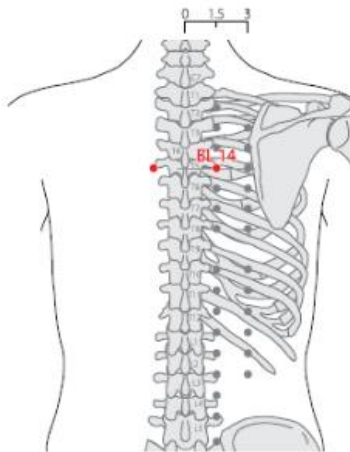
VC-17 (CV-17) Tan-Zhong - Middle of the chest

Location: At the level of the fourth intercostal space along the midline of the chest. Segment Th4.



V-14 (BL-14) The Jue-Yin-Shu - Shu point of the back end Yin, the Point of agreement of the Pericardium

Location: 1.8 CUN outwards from Th4-Th5. Segment Th4.



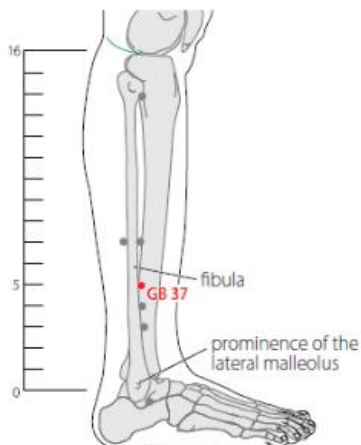
VB-24 (GB-24) Ri-Yue - Day-Moon, the Sun and the Moon - is shown above...

V-19 (BL-19) Dan-Shu - Shu point of the back of the Gallbladder, the Point of agreement of the Gallbladder - is shown above...

4th day - 22/02/2023

VB-37 (GB-37) Guang-Ming - Improved vision, a Bright light Shining

Location: 5 CUN above the center of the lateral malleolus, the leading edge of the fibula. Segment S1.





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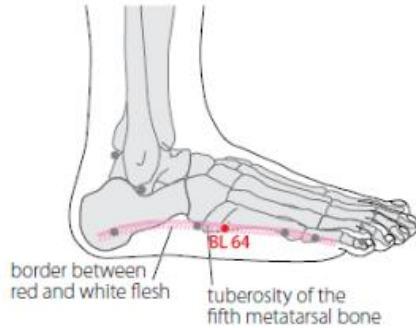
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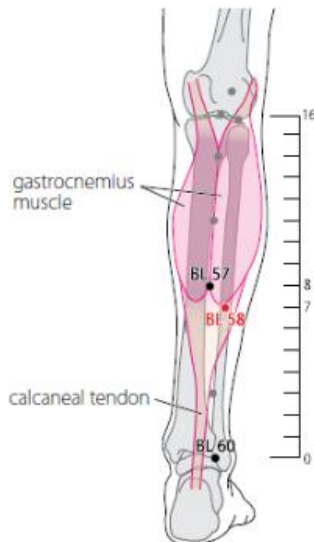
V-64 (BL-64) Jing-Gu - Basic bone

Location: Anteriorly from the base of the V metatarsal bone in the cavity, in the place of the transition of dorsal surface into the plantar surface of the foot. Segment S1.



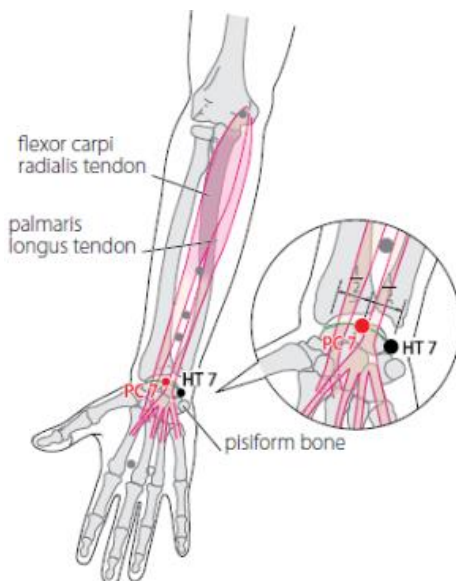
V-58 (BL-58) Fay-Yang - Rapid transfer of Yang energy

Location: On the V60 point line, 7 CUN above the centre of the lateral malleolus. Segment S2.



MC-7 (PC-7) Ta-Ling - Big hill

Location: At the base of thenar, in the middle of the proximal folds at the level of C7 and P9. Segments C7-C8.





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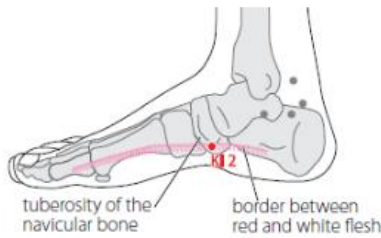
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R-2 (KI-2) Ran-Gu - the Valley of the three trials, the Burning valley

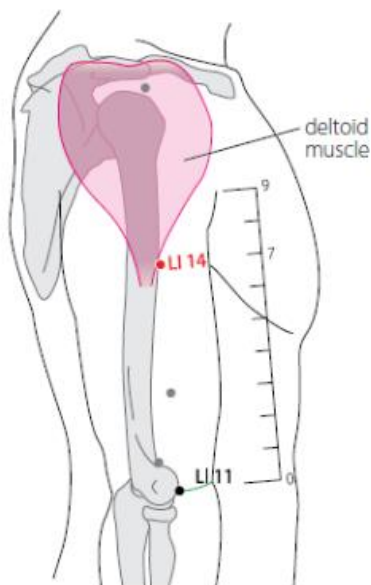
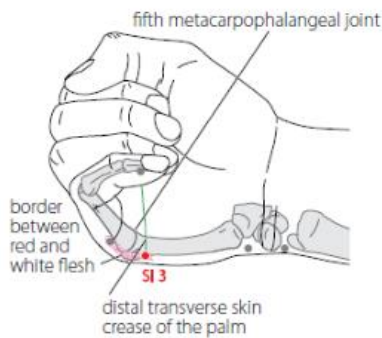
Location: On the inner surface of the foot in the deepening a little bit anterior to and below the tubercle of the scaphoid. Segment L5.



5th day - 23/02/2023

IG-3 (SI-3) Hou-Si - The reverse flow

Location: When bent in the fist slightly proximal to the V metacarpophalangeal joint, at the end of the Palmar skin crease in the hole. Segments C8-Th1.



GI-14 (LI-14) Bi-Nao - Upper arm, near the muscle

Location: On the outer side of the shoulder at the rear edge of the deltoid muscle, 7 CUN above the elbow bend.



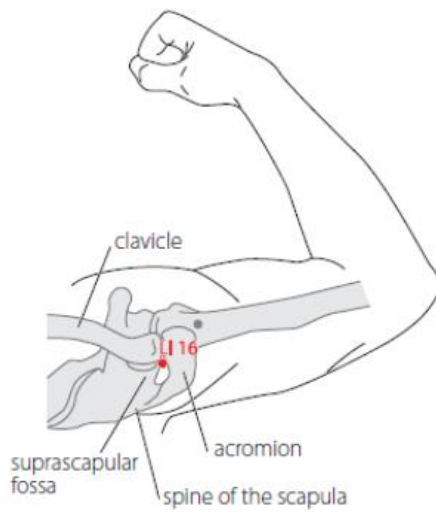
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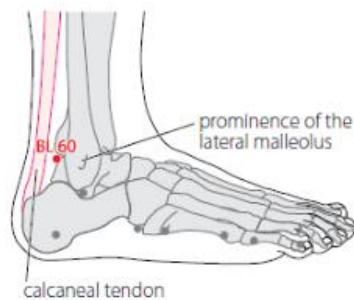


LI-16 (LI-16) Ju-Gu - Big bone, clavicle

Location: In the cavity inward from the clavicular-scapular joint.
Segment C3.

V-60 (BL-60) Kun-Lun - Mountains of celestials, the Tree of life

Location: Midway between the center of the Achilles tendon and the lateral ankle. Segment S2.



V-62 (BL-62) Shen-Mai - Wonderful vessel

Location: 0.5 CUN below the lower edge of the ankle, in the cavity at the lower edge of the lateral projection of the calcaneus. Segment S1.

